



PLAYER LEVEL

Welcome to the PLAYer Level of The First Tee of Central Mississippi! PLAYer is the entry level into The First Tee Life Skills Experience program, no matter golf skill level or age.

The emphasis of the PLAYer level is to introduce playing the game of golf with special emphasis on learning golf and The First Tee Code of Conduct, appreciating the rules and etiquette of the game, and developing a young person's game in golf and life.

THE FIRST TEE LIFE SKILLS ADDRESSED AT THE PLAYER LEVEL: Interpersonal Skills and Self-Management

GOLF SKILLS ADDRESSED AT THE PLAYER LEVEL: Distance-response (size and length of motion), Target Awareness (target selection), and Getting Ready to Swing (hold, set-up, and aim and alignment)

BEHAVIORS REFLECTIVE OF THE CODE OF CONDUCT & NINE CORE VALUES:

- Follow instructions and safety rules
- Stay still and quiet while others are playing
- Taking care of the equipment used in class and the surroundings during class
- Showing honesty by correctly reporting scores including all strokes and penalties
- Following the rules no matter how she/he is playing
- Treating others kindly whether she/he is winning or losing
- Keeping a positive attitude no matter how she/he is playing
- Using good judgment during class
- Trying her/his best regardless of how she/he is playing
- Learning from past experiences
- Staying calm and having good etiquette even when she/he thinks no one is watching
- Staying in the safety zone while playing golf even without being told

CERTIFICATION REQUIREMENTS: To advance to Par Level, PLAYers must complete the following requirements:

OBSERVABLE BEHAVIORS: PLAYers must demonstrate each core value on 2 occasions, and exhibit each core value on 3 occasions. If observed, PLAYers will receive a "d" or an "e" as appropriate on their PLAYer bag-tag. (See above list for ways PLAYers can demonstrate and exhibit core values)

CORE LESSON EXPOSURE: Participate for a minimum of 27 program hours, including participating in a lesson of each core value at least twice.

LIFE SKILLS KNOWLEDGE (LEARN): PLAYers must correctly answer 10-12 written (or verbal) questions.

GOLF KNOWLEDGE (APPECIATE): PLAYers must correctly answer 8-10 written (or verbal) questions.

PLAYING REQUIREMENT: With a lead coach, PLAYers must play one shortened 9-hole round of golf. PLAYer must demonstrate they can play fast, safe, and courteous. They must record their score accurately (Honesty) but no specific score is required. (Must finish in 2 hours)

PUTTING: PLAYers must complete 9-Hole putting assessment with a maximum score of 36. Must accurately record score and demonstrate they can complete the putting course in a fast, safe, and courteous manner.

AGE: To graduate from PLAYer, participant must be at least 9 years of age.

PLAYer Yardage Book: Must completely fill out PLAYer Yardage books, including all at-home assignments.



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LESSON SCHEDULE:

1. WELCOME AND SHOWING **RESPECT**
2. **COURTESY** TOWARDS OTHERS
3. **RESPONSIBILITY** FOR THE COURSE
4. THE **HONESTY** OF PLAYERS
5. MODELING **SPORTSMANSHIP**
6. DEVELOPING **CONFIDENCE**
7. USING GOOD **JUDGEMENT**
8. PLAYING WITH **PERSEVERANCE**
9. LIVING WITH **INTEGRITY**

PLAYING ROUND SCHEDULE:

- CONTACT LISA TO SCHEDULE A PLAYING ROUND.

ASSESSMENT SCHEDULE: (WRITTEN, PUTTING)

- LESSON 9, INTEGRITY

PLAYER YARDAGE BOOK:

- ONLY 1 YARDAGE BOOK WILL BE PROVIDED PER SEASON. PLAYER IS RESPONSIBLE FOR KEEPING TRACK OF HIS/HER BOOK. PLAYER CAN CHOOSE TO TAKE IT HOME, OR KEEP IT AT CLASS EACH WEEK.
- ADDITIONAL YARDAGE BOOKS ARE AVAILABLE AT A \$5 FEE.
- COMPLETED YARDAGE BOOK MUST BE SUBMITTED TO LISA TO RECEIVE CREDIT.
- PLAYER MAY LEAVE THEIR BOOK ON-SITE AT THE END OF CLASS, BUT MUST TAKE IT HOME ON OCCASION TO COMPLETE "AWAY FROM THE FIRST TEE" ASSIGNMENTS AND ANY PAGES WE DO NOT COMPLETE TOGETHER IN CLASS.

PLAYER BAG-TAG:

- ONLY 1 PLAYER BAG-TAG WILL BE PROVIDED TO EACH PARTICIPANT. PARTICIPANT IS RESPONSIBLE FOR KEEPING HIS/HER BAG-TAG FOR THE DURATION OF THEIR TIME AT THE PLAYER LEVEL. IF PLAYER DOES NOT BRING BAG-TAG TO CLASS, THE PLAYER WILL MISS OUT ON CERTIFICATION MARKS ON THAT GIVEN DAY.
- ADDITIONAL PLAYER BAG-TAGS ARE AVAILABLE AT A \$5 FEE.
- BAG TAGS MUST BE SUBMITTED PERIODICALLY TO LISA FOR AUDITING.
- PLAYER MAY LEAVE THEIR BAG-TAG ON-SITE AT THE END OF EACH CLASS, BUT IS RESPONSIBLE FOR FINDING IT AT THE BEGINNING OF THE NEXT CLASS.